

Household Division of Labor Matrix

	What is the task?	How often does it need to be done? (Frequency)	How long does it take? (Time)	Who will do it?	Total time spent. (Frequency x Time)
Indoor Work (cleaning, cooking, laundry, etc.)					
Outdoor Work (Yard care, car care, etc.)					
Childcare (bathing, dressing, feeding, homework help, etc.)					
Managing Finances (balance checkbook, pay bills, etc.)					
Wage Earning					